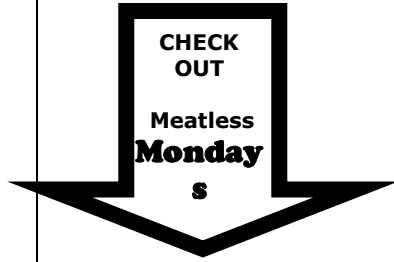


Berlin High School January 2024

2 Hot Lines
Deli/Grab and Go
Pizza
Snacks
Polar ParadICE
Smoothies
Stations will be offering
weekly specials



Fresh, Local Fruit and Vegetables From Beckett Farms South Glastonbury & River Ridge Farm Portland

Plant Powered!

This institution is an equal opportunity provider

RAINBOW VEGETABLE TRAY AVAILABLE DAILY

Weekly Specials	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Grab & Go</u> Sandwich: Assorted Salad: Assorted Pizza: Assorted	1 Winter Break Happy New Year!	2 Pizza Crunchers Marinara Dipping Sauce Garlic Green Beans Choice of Fruit & Milk	3 2 Chicken or Cheese Quesadilla Rice, Corn, Salsa Choice of Fruit, Veggies & Milk	4 Pasta Marinara Sauce, Meatballs or String Cheese Garden Salad & Bread Stick Choice of Fruit & Milk	5 Beef Cowboy Burger or Veggie Burger w/o Cheese & Onion Ring Oven Fries Choice of Fruit & Milk
<u>Grab & Go</u> Sandwich: Assorted Salad: Assorted Pizza: Assorted	8 It's Back! Impossible Burger! Cheese, Lettuce, Tomato Tater Tots Choice of Fruit, Veggies & Milk	9 Nachos Meat, Beans, Cheese, Rice, Corn, & Salsa Choice of Fruit & Milk	10 Pasta Marinara Sauce Grilled Chicken Strips or String Cheese Green Beans & Bread Stick Choice of Fruit & Milk	11 Brunch for Lunch Turkey Ham, Egg & Cheese on a WG Croissant Tater Tots Choice of Fruit, Veggies & Milk	12 Chicken Patty or Veggie Burger w/o Cheese Oven Fries Choice of Fruit & Milk
<u>Grab & Go</u> Sandwich: Assorted Salad: Assorted Pizza: Assorted	15 No School MLK	16 Nachos Meat, Beans, Cheese, Rice, Corn, & Salsa Choice of Fruit & Milk	17 Chicken Nuggets Baked Mac & Cheese Broccoli Choice of Fruit & Milk	18 Turkey Dinner! Turkey, Gravy, House Mashed, Mixed Vegetables WG Roll Warm Cinnamon Apple Slices Choice of Fruit & Milk	19 Grilled Chicken BLT w/Lite Ranch Or Veggie Burger Spicy Oven Fries Choice of Fruit, Veggies & Milk
<u>Grab & Go</u> Sandwich: Assorted Salad: Assorted Pizza: Assorted	22 Nachos Deeply Rooted Plant Based Crumbles Beans, Cheese, Rice Corn & salsa Choice of Fruit, Veggies & Milk	23 Popcorn Chicken Roasted Red Potatoes Steamed Corn WG Dinner Roll Choice of Fruit, Veggies & Milk	24 Hot Dog or Hamburger w/o Cheese Oven Fries Choice of Fruit & Milk	25 General Tso Chicken Fried (Not) Rice Carrots Choice of Fruit & Milk	26 French Bread Pizza Cheese or Garlic Marinara Dipping Sauce Garden Salad Choice of Fruit, Veggies & Milk
<u>Grab & Go</u> Sandwich: Assorted Salad: Assorted Pizza: Assorted	29 Mozzarella Sticks Garlic Bread Stick Marinara Dipping Sauce Broccoli Choice of Fruit, Veggies & Milk	30 Nachos Meat, Beans, Cheese, Rice, Corn, & Salsa Choice of Fruit & Milk	31 ½ Day Pizza, Deli Sandwiches & Salads Choice of Fruit, Veggies & Milk	<i>We Serve Healthy Choices and Whole Grains!</i>	We're hiring cafeteria subs! Do you want to earn extra cash while your kids are in school? wrawlings@berlinschools.org

We are now offering free breakfast to all students ~ Lunch \$3.70

Call w/any questions 860-828-6581 Wendy Rawlings or wrawlings@berlinschools.org

Menu subject to change

* Breakfast @ 7